

COURSE MENTOR FAQ

What is involved in Course Mentoring now?

Our Course Mentor's have an active role to play throughout the duration of the program – it is more than just turning up and attending workshop weekends! The Functional Nutritional Therapy Practitioner program is now a Diploma level qualification for Australia/New Zealand and with that has come an extensive development of the clinical hours taught in the program. Our students are now provided with more hours and training around the Functional Clinical Assessment and LNT techniques, which has been of huge benefit to the skills and confidence of both students and recent mentors upon completion of the ten months.

Course Mentors are involved throughout the length of the program with one-on-one peer reviews of client consultation work, FCA audible practice sessions (in person or virtual), supporting students with LNT processes on outside clients, and of course playing a pivotal role at workshop weekends. All mentors are required to watch the Workshop Prep Webinars, and FCA Audible recordings throughout as we are regularly evolving and developing thinking pathways around the LNT and if you are not up to speed it will show when working with students.

As you are part of the Instructor Team, we actively monitor attendance and progress of all our students and course mentors to ensure the entire instructor team is up to speed and feels supported in their role. As we always say – whilst the students clearly benefit greatly from the involvement of the Mentors, the mentor's also reap huge benefits in their own learning and development as a skilled practitioner too.

Can you break down what is expected?

Absolutely – here is a run through of the involvements with students, and the requirements for content you will have:

Client Consultation Peer Support

- ❖ **Terms One and Two:** Virtual Mock Client Interviews and assessing the students understanding around client consultation forms through 1:1 peer reviews during their CC assignments.
- ❖ **Terms Three & Four:** Continued support with CC Folder 3 & 4, involving peer review's at required intervals and support during LNT processes on outside clients where requested.

FCA Practice, Content & Prep

- ❖ Virtual (or in person) FCA practice session support before and after WS1 & WS2
- ❖ Watch all FCA Prep Webinars & FCA Audibles prior to the required workshops
- ❖ Watch all additional FCA videos to ensure up to speed with current teachings

Weekly Zoom Calls

- ❖ Highly encouraged to attend as many of the weekly zoom calls live as possible, we find the mentors who actively participate in the calls find it easier to stay up to speed
- ❖ Wherever a call cannot be made live, we do request you watch the recording

Workshop Attendance

- ❖ Attendance at all three workshops (dates can be found under Course Dates on our website)
- ❖ For any virtual CM's attendance is required virtually, through Zoom and other practice sessions

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What about if I want to do the Diploma upgrade?

The easiest way to complete your diploma upgrade is through being a Course Mentor – its like a two for one! You get access into the program without paying for a re-entry fee and you are already immersing yourself in the content as a Mentor, which makes completing your required upgrade assignments even easier. Upgraders should expect to contribute 10-15 hours of course work and zoom call attendance per week when completing the upgrade as a Course Mentor. You can of course complete the upgrade without being a Mentor, this will involve a reduced re-entry fee for acceptance into the course.

[For further details on doing your Diploma upgrade as a mentor or with a re-entry, please see the information on our website.](#)

2022 will be the final year to complete a Diploma upgrade, due to changes in the NTP curriculum from 2023. Upgrades will be able to be completed in the February, May and September 2022 classes but no transfers to a later class will be offered.

Can you detail what is required at workshops?

Workshop weekends have become such a wonderful part of the FNTP program – we absolutely love them and so do the students. Covid has really forced us to think outside of the box this year and we have overhauled workshops as a result. We teach all theory, demo -ing and audible instruction online and get everyone to start their practice before workshop. This has allowed us to really reduce the initial learning load and make workshops more focused on practicing the skills and the LNT processes. The feedback on this from students and mentors over the last year has been extremely positive and we have seen huge growth in the development of FCA skills.

At a workshop Mentors (depending on ratio of students to mentors) may be performing FCA/LNT's on students, being a body themselves, guiding students working on other mentors or in a student-to-student situation. Therefore it is imperative that mentors are up to speed with the FCA clinical skillset. All mentors will play an active role in the workshops with the FCA/LNT throughout the weekend in any one or multiple of the above capacities mentioned.

I am nervous about Mentoring, but would like to, is there extra support?

Absolutely! Depending on the ratio's of students to mentors (which is usually more Mentors than students – WOOHOO!) we will often pair new mentors (or nervous ones) with more Senior Mentor's who will be able to observe, support and guide you in building your confidence as a mentor and ultimately as a practitioner. We have a no FNTP left behind policy and are here to grow as a team!

How do I learn more about Mentoring/apply to be a Mentor?

All the information you need is on our Website under [Course Mentoring](#).