

MEET OUR INSTRUCTORS

Our passionate instruction team holds advance degrees and have broad experiences across a variety of fields, specialties, and services; enhancing student education by bringing diverse, real-world concepts and perspectives to each program. Their specialties include: Holistic Nutrition, Functional Medicine, Mind/Body Work, Autoimmunity, Ancestral Nutrition / Paleo, Gut and Psychology Syndrome (GAPS), Endocrine Dysfunction, Intuitive Healing, Nutrition Research & Healthcare General Practice, Therapeutic Use of Nutrients, Corporate Wellness, Botanical Medicine, Community Health, Thyroid Health, Women's Health & Hormones, Stress Management, Career Development, and more. For the most current list of active instructors and their full biographies, visit our [website](#).

INSTRUCTORS



Leanne Scott, FNTF, IHS, FDN-P, RWS, ADAPT

Leanne's mission: *To support community, empowerment, and respect for our bio-individual uniqueness. My philosophy is one of integrity and the belief that we all deserve the right to discover our best selves yet.*



Janelle Johnson Grove, FNTF, NTP, MEd

Janelle's mission: *To work with those who want to dive deep and breathe life into the soul through nutrition concierge and VIP services.*



Victoria LaFont-Jackson, FNTF, Candidate MS HNFM

Victoria's mission: *To transform the practice of healthcare by creating a new paradigm focused on curious, cooperative practitioners, autonomous, self-aware patients/clients, and open source, accessible, evidence-based information.*



Kate Mahoney, FNTF, BCHNTM

Kate's mission: *To empower people with the knowledge of how to optimally support their personal health through functional nutrition, one person at a time.*



Dusty Lapp, B.A, FNTF

Dusty's mission: *To create a culture of wellbeing to help you reach your full potential.*

INSTRUCTORS CONTINUED



Janine Martin Horst, BA FNTF, CGP, AIP

Janine's mission: *To primarily work with women to help them cut fatigue and optimize their energy.*



Meredith Kinsel-Ziter, FNTF, BCHN

Meredith's mission: *To support, educate, and empower chronically ill clients as they navigate their own path to healing.*



Brook Reynolds, BS, FNTF

Brook's mission: *To empower clients and students to embrace imperfection, patience, and grace in their journeys toward wellness.*



Jordan Schmidt, FNTF

Jordan's Mission: *To support regenerative food systems all the way from soil to people!*



Allison Mädl, BA, FNTF

Allison's mission: *To help women with chronic feminine health issues balance their diet and lifestyle so they can find freedom from discomfort and enjoy stable moods, restful sleep, normal weight, and healthy children.*



Amanda Jones, FNTF, MS, GPS, LMT

Amanda's mission: *To empower students, clients, and community to assist the body in healing itself, as nature intended.*



Daniele Della Valle, FNTF

INSTRUCTORS CONTINUED



Leah Williamson, BA, FNTF, CGP, AIP, RWS

Leah's mission: *To empower students and clients to go forth with the knowledge and tools to help heal.*



Melissa Shafer, LMP, FNTF

Melissa's mission: *To be passionate about helping people change their relationship to food by helping them discover what their body needs, eliminating confusion and freeing them of restriction, rules, and judgment.*



Thomas Gilliford, BA, FNTF

Thomas's mission: *to help those in pain, whatever it may be, to understand that pain, shift it, and take their lives back.*



Mishabae Mahoney, Lead Instructor, FNTF, LMP

Mishabae's mission: *To help people find the unique tools they need to build bridges back to their best possible self-body, mind and soul.*



DeAnn Laube, BSNutr, FNTF, LMP, RWP

DeAnn's mission: *To help clients reclaim their health from the inside out through a combination of nutritional therapy, bodywork, herbal medicine and holistic cooking classes.*



Krista McCafferty, FNTF, RWP, 21DSD Certified Coach

Krista's mission: *To use a functional nutrition approach to holistic health and wellness.*



Jessica Pantermuehl, FNTF, CHHC

Jessica's mission: *To help shift the paradigm of modern healthcare by providing business and marketing education to holistic health professionals.*